

# Daily Word



*A Unity Publication*

APRIL 1943

15 CENTS

# Class Thoughts

March 20 to April 19

Daily at 11 a. m. join us in this thought  
for spiritual illumination:

My understanding is spiritually quickened.

At high noon each day concentrate your attention  
on this thought for prosperity:

United with Jesus Christ in the consciousness that  
"all that the Father hath is mine," I have supply to  
meet my every need.

At 9 p. m. each night let us acknowledge the healing power  
of Spirit with this prayer:

The consciousness of the indwelling Christ gives me  
unfailing strength and health.

In the name of the Lord Jesus Christ we pray for and decree  
a speedy victory in this world conflict, to be followed by  
permanent peace, uniting all the nations of the earth in  
league of justice and righteousness, in which the life  
liberty, and love of God shall be paramount.

Silent Unity, the healing department of Unity School, is happy to  
minister to every person desiring help through prayer. Address Silent  
Unity, 917 Tracy, Kansas City, Mo. Compensation is by love offering.

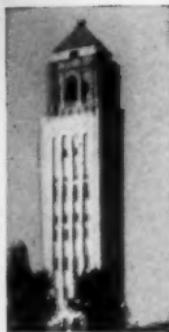
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# DAILY WORD

Vol. 38

APRIL, 1943

No. 4

EDITED UNDER THE AUSPICES OF SILENT UNITY

Stately and tall, the Unity Campanile or Prayer Tower directs the traveler to Unity Farm near Kansas City. Even so this little magazine daily directs your steps to the sun-tipped heights in whose glory you behold yourself as a son of God; for such you are.

## PROMISE OF DAWN

Myrtle Vorst Sheppard

Listen! Listen! You will hear  
At dawning, sounding  
High and clear,  
God's voice that counsels:  
"Have no fear! The long  
And darksome night is past.  
New light, new hope,  
Has come at last!"  
And thus until the end of time  
Each new day will be heralded;  
And as the bells of morning chime  
God's men of Truth will wake and rise  
With newborn courage in their eyes!

## INVITATION TO THOSE IN SERVICE

Unity School is always glad to welcome visitors. We especially invite you service men and women to attend Unity Church services and to visit headquarters, 917 Tracy Avenue, while you are in Kansas City. Phone VIctor 8720.

For location of Unity centers in other cities refer to center directory in **UNITY** magazine, or write to Field Department, Unity School. You may be sure of a genuine welcome at every Unity service.

## *Lenten Consecration*

CLARA MAY ROWLAND

THROUGHOUT the church world during the season of Lent people strive to become better Christians. Therefore we should not look upon it as a forbidding or a sad season of fasting and prayer but as a spiritual experience that means much to all of us if we enter into its observance in the right spirit.

Primarily the purpose of Lent is to prepare us mentally, physically, and spiritually for a new awakening; to resurrect us out of old states of consciousness into a new realization of life; and to permit us to reconsecrate and rededicate ourselves to the will and the work of Jesus Christ. Through our spiritual awakening we shall find renewed life and health, a joyous freedom from burdens, and best of all, peace of mind.

Our preparation consists first of all of a careful, impersonal, and honest appraisal of our thinking habits in order to see how they can be improved. In early days penitent Christians began Lent by acknowledging their sins and by entering upon a period of public penance. Today we know that we can find release from error and the effects of erroneous thinking in the past by asking and

accepting the forgiveness of Jesus Christ and by bringing our mind and heart into unity with the Christ mind so that its divine ideas may control our thinking and guide it into constructive channels.

Fasting has always been an important part of Lent. In many of the churches members are asked to abstain from certain foods, to refrain from attending shows and entertainments, and in various other ways to practice self-denial.

Renunciation of the undesirable and realization of the good and true is an important factor in spiritual overcoming. Every one of us has habits that need correcting, habits of thinking and feeling, habits of eating, speaking, and acting that should be given up, replaced by better ones.

When we set about giving up a bad habit for a good one we are not losing anything. We are gaining. We are not renouncing the good things of life. As a matter of fact, we never let go of anything unworthy of us without immediately making room in our mind and heart and life for something much better.

If a person is prone to gossip, to say ugly, critical things about a friend, if he is deceitful in his attitude or dishonest in his dealings, renunciation of such a practice is surely a very good thing.

In metaphysics we are daily practicing renuncia-

tion through our use of denials and affirmations. We deny that which we do not desire in our life and affirm or claim that which we do desire.

Let Lent be for you a time of self-discipline. If you have been eating too much, practice restraining your appetite, through prayer first of course. If you have indulged in a bad temper, now is the time to restrain your impulse to "fly off the handle." If you have been prone to nag, to criticize, to find fault, covenant with yourself now to give up the habit and to improve your disposition.

The churches speak of the mortification of sight, the mortification of hearing, and the mortification of the tongue, that is, the disciplining of these faculties. Here is a prayer that will help us to watch these things:

*Through the Spirit of truth within me I know, see, hear, and speak only Truth.*

During Lent let us reconsecrate our eyes, our ears, and our tongues to Truth. If we have observed wrongly, if we have been seeing with the "double" eye, let us see Truth. If we have been listening to idle tales, gossip, and criticism of others, let us commence to hear only the truth, only that which is constructive and uplifting. If we have been speaking disparagingly of our neighbors and fellow workers, if we have talked about sickness, poverty, and inharmony and thought of

these as realities, let us commence to speak Truth.

Through the Spirit of truth within us we have wisdom and understanding. We are not in doubt about things. We do not say, "I do not know, I do not understand." We do know. We do understand. We behold perfection in everyone, and see all persons as radiant, all-glorious, beautiful, free sons of God, unfettered, unbound, triumphant, rising victorious out of every trial.

Through the Spirit of truth within us we hear glad tidings of good. We hear of people healed, people prospered. We hear the message God has given to us, because our ears no longer want to hear ugly things about anyone. We hear celestial music and we feel in tune with it, because our ears are tuned to hear infinite harmony.

Through the Spirit of truth within us we are able to speak the word that brings forth health, happiness, and prosperity. We are not lending our tongue to negation, criticism, or faultfinding. We are speaking words of Truth, the message of Jesus Christ.

Jesus said, "If any man would come after me, let him deny himself, and take up his cross, and follow me." Let us deny the claims of the personal man, overcome his sorrows and shortcomings, and follow the Christ.

We cannot do these things alone through the

personal will, but we always have the help of the Spirit of truth within us. During the Lenten season we become especially aware of the desire in the hearts of men to expand their spiritual nature through prayer. There are multitudes praying, even as you and I are, and there is a great spiritual urge in all of us to grow, to rise to greater heights, to prove our spiritual supremacy. The power of the Spirit of truth at work in us will back us up in our desire to prove we are truly sons of God.

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### *He Needs Me*

*A Mother's Reverie*

FRANCIS J. GABLE

HAT CAN I do for my son?

W It seems no longer ago than yesterday that I found plenty of things to do for him. He seemed to need me so definitely then, and from morning till night I could keep occupied with a thousand and one tasks of love.

As he grew toward manhood I knew that he still needed me, although he was more diffident about acknowledging it. But whether he asked for them or not, I kept on doing the things that my mother heart told me were for his good.

But what can I do for him now?

He seems so far away, and not merely because of the many miles that lie between us. Even when he left his uniform seemed to give him a strange appearance, one far removed from that of the boy who had needed me during all those years.

There is much I can do, because I know that he needs me now possibly more than ever before. He needs to be sure in his heart that I believe he is doing his job manfully and well, no matter what it may be. We all need someone who believes in us; and in this capacity my son needs me now.

I can write to him of course. Letters, you know, are a tangible link between home and the one who is away from home. But if my letters are to be of any help to my boy, they must not reveal the heart-ache I may feel over the separation; they must be cheerful, gay, encouraging, reassuring. I can best meet his need by writing in a simple, natural way of the homely everyday things that have been so much a part of his life. These things may sound commonplace to others, but to him in his need they are the very breath of home, his home.

Besides writing letters, I can also do the many things that all loyal civilians are supposed to do. I can perform my share of the community tasks waiting to be done. I can help allay the fears of those about me by remaining calm and poised in the face of rumors and disturbing reports. These

things I should normally do anyway of course, but to me they become glorified in the thought that I am doing them for him.

Finally my son needs my faith, not only the faith in him that I have mentioned but faith also in the cause in behalf of which he is now doing his best. More than that, he needs to know that I have a supreme yet simple faith in God as his guide, his strength, his protecting power. I shall be steadfast, confident, secure in the knowledge that where my son is there God is, supreme in power, a mighty shield, a comforting presence, unfailing security and safety and deliverance for my loved one.

As a child my son believed in prayer, and I am sure that where he is and in connection with what he is doing he finds many occasions to pray, many occasions to rely upon God's help.

When my boy prays out there he needs to know that I am adding my prayers to his; that the presence of God stretches from here to there, from me to him, however far that may be. When we both pray knowing this to be true, we are gathered together "in His name," he and I, and each of us can discern the Christ in the midst of any situation, whatever it may be.

Yes, my boy needs me now, and I am grateful that there is so much I can do for him. God give me strength and wisdom and faith to do it!

## *Silent Unity's Word to You: Forgiveness*

“FATHER, forgive them; for they know not what they do.” When Jesus spoke these words on the cross, He epitomized divine love and forgiveness. During all His ministry on earth He had taught that God is love. How significant it is for mankind that amid the agony and suffering of the cross He should remain true to His lifelong teaching! How reassuring it is that in His hour of human pain He should remember to be kind and loving, that He should desire forgiveness from the Father for those who were hurting Him.

No lesson from the life of Jesus touches more intimately or more profoundly the life of His followers than does this lesson in love and forgiveness. To all the friends and enemies who were gathered at the scene of His crucifixion, to everyone since who has sought to follow Him in spiritual overcoming, He said in effect:

“You see it is not necessary to take offense, or to let the spirit be affected by the words and deeds of others. Were I to refuse forgiveness to these men who are hurting Me, I could not receive forgiveness from My Father, and He could not use

Me to accomplish what He has planned for us to achieve together. I say unto you: Remain true to your faith, and the Father of love will bring you victoriously through every experience!"

Jesus realized that God cannot express His love through minds and hearts that are cluttered up with hatred, intolerance, criticism, impatience, and condemnation. He also knew that any thought that obstructs the free flow of divine love to others likewise hinders the flow of love to the thinker. Knowing Himself to be a son of God, Jesus could allow nothing to interfere with that relationship. He knew the purpose for which He had been born: that of establishing a design for living, loving, and serving, that all the other sons of God could emulate. He knew that the Resurrection must not be obstructed by even a trifling thought of unforgiveness in His mind!

Only a practical application of the law of love and forgiveness will enable the modern Christian to follow Jesus in the Resurrection. Particularly in the days we are now going through much is demanded of us in the way of love and forgiveness. It is so easy to criticize the methods of our government, to condemn this official or that; it is so easy to take offense at the attitude or conversation of neighbors or friends, or to resent the fact that certain types of workers are earning high wages.

Hatred of individuals and race prejudice are factors that have to be dealt with intelligently if we are to be worthy Christians.

The way of dealing with these things is clearly outlined for us. "Judge not, and ye shall not be judged: and condemn not, and ye shall not be condemned: release, and ye shall be released." "And be ye kind one to another, tenderhearted, forgiving each other, even as God also in Christ forgave you." We are to give up criticism and condemnation; we are to be as kind, loving, courageous, strong, and tolerant in all things as Jesus Christ was; we are to behold the Christ Spirit in everyone, even as He recognized the divine sonship of those who crucified Him.

This does not mean that we cannot also do whatever is required of us in an outer way to make our world safe for the survival of Christ's spirit and teaching. In His own experience there were occasions when He thought it best to meet force with force, and there is no condemnation for us when we have to do the same. But we can meet the demands and trials and problems of today with a calm, serene spirit, with courage and fortitude, and with love and tolerance and good will dominant in our mind and heart and life. Indeed in no other way can we experience the freedom and joy and fullness of life promised to the prac-

tical Christian. In no other way can we attain to our divine sonship with Christ in God. "And whensoever ye stand praying, forgive, if ye have aught against any one; that your Father also . . . may forgive you your trespasses."

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*To Those in Service*

VIOLET THOMAS HARTMANN

The light of God surrounds you.  
His lamp of Truth will guide  
And guard you where you journey;  
He walks there by your side.

The love of God infolds you.  
Trust in His watchful care,  
That guards you like a fortress,  
Though dangers fill the air.

The power of God protects you;  
Doubt not He will defend.  
"Fear not; for I am with thee"—  
So speaks this mighty friend.

God's presence watches over you,  
Shields you unceasingly.  
His love is your safe shelter  
In air, on land and sea.

I REFUSE TO HARBOR THOUGHTS OF RESENTMENT OR INJUSTICE. GOD'S SPIRIT SHOWS ME HOW TO BE KIND, JUST, AND LOVING.

THE PERSON who is resentful or feels that he is being treated unfairly is a source of discord and contention. He not only blocks his own progress but he also interferes with the progress of others.

Perhaps there are occasions in our daily life that give us cause to feel that we are not "getting the breaks" or that we are not being given proper consideration by our co-workers. Be that as it may, we surely cannot right the situation by complaining about it. We can right it by resolutely refusing to entertain thoughts of resentment or injustice, and instead making a sincere effort to think thoughts of love and kindness about everyone concerned.

Love expressed continually and unfailingly will bring order out of chaos and establish harmony in the most trying conditions.

• *Let all bitterness, and wrath, and anger, and clamor, and railing, be put away from you . . . and be ye kind one to another, tenderhearted, forgiving each other.*  
—EPH. 4:31, 32.

I HAVE FAITH IN EACH DAY'S SUPPLY MANIFESTING ITSELF IN A PERFECT WAY TO FULFILL EACH DAY'S NEEDS.

**T**HIS DAY I refuse to worry, to doubt, or even to dwell in thought upon lack. When I acknowledge the possibility that I may have a need for which I can find no fulfillment, I am in reality giving credence to the idea that in God there is not unlimited supply.

Perhaps I do need to make adjustments in my mode of living; but adjustments do not mean the forfeiting of real happiness and peace. They simply mean a wiser distribution of substance, a more harmonious balance in my life.

When I hear others referring to fear of lack, I remember that we have been promised "daily bread." My daily bread is an abundance of whatever I need to make my happiness complete, my growth steady and assured. Every man's daily bread is contained in his very thought about himself. Every man's fulfillment is contained in this same powerful thought. So I think plenty, I believe in plenty, I have faith in the power of God's plenty to become manifest whenever I need it.

◆ *Give us this day our daily bread.*—MATT. 6:11.

I RADIATE MENTAL SUNSHINE, BECAUSE I AM FILLED WITH THE COURAGE, CHEERFULNESS, AND CONFIDENCE OF THE CHRIST.

**F**RANK B. WHITNEY tells us that "mental sunshine is truly a radiation from the Son of God, and the one who is sunny-minded has found himself to be the child of heaven, the son of fortune." Because I recognize my true relation to God and understand that I am one with His light and joy and goodness, my soul shines with an inner light that attracts to me peace, love, health, and plenty.

My joy in my Christian heritage creates about me an atmosphere that is uplifting and inspiring, so that all whom I meet gain new courage and peace and a sense of freedom. They are awakened to new faith and hope by the mental sunshine that dispels the clouds of fear and depression. The joy of the Christ Spirit radiating through me as vibrant energy and glowing health calls forth greater life in those who seek physical perfection. There is sunshine in my soul today, because I walk in confidence, courage, peace, and happiness.

¶ *Then shall the righteous shine forth as the sun in the kingdom of their Father.*—MATT. 13:43.

## I AM CONSTANTLY AWARE OF THE DIVINE PRESENCE.

**I** AM BLESSED by the constant awareness of the presence of God, my Father. I let my thoughts dwell upon His almighty, and I rejoice in the realization of my own inherent divinity. As a child of God I am divinely guided in all my ways, in paths of righteousness and peace.

Divine love blesses me with dear friends and with companions with whom I can share a comradely spirit and deep understanding. Divine life continually renews my strength and revitalizes my body. Divine order harmonizes my affairs and establishes my world in peace and security. Divine substance provides abundantly for all my needs, and I am conscious of God's bounty made manifest for me. Divine power wells up within me as a confident awareness of unlimited strength and ability. Divine joy thrills my being when I contemplate God's beauty and the wonders of His creation. Divine light illuminates my mind, and I know the Truth.

• *Ye may become partakers of the divine nature.—II PET. 1:4.*

I BLESS MY OFFICE, MY DESK, AND MY WORK,  
AND IN THIS SPIRIT OF CONSECRATION I AM  
SUPREMELY EFFICIENT.

**T**ODAY and every day I start my work with a joyous heart, with a mind open and receptive to divine ideas, and in the certain knowledge that I can meet with poise and efficiency every situation that may arise. God is my employer. Through every branch of work being done His children are serving Him. A firm realization of this will help me perform my duties with ever-increasing skill.

Unexpected circumstances and events that arise during the day do not trouble me, for I know that as each task confronts me I can look to God for help and inspiration. He has directed me into the work in which I can best serve Him and for which I can receive just compensation. Therefore I am confident that He is with me constantly, guiding me, making me increasingly efficient and accurate, establishing harmonious relationships with my fellow workers. Through this awareness of His presence I am able to give better service and to receive greater blessings.

♦ *Be ready unto every good work.—TITUS 3:1.*

## I CONTINUALLY REJOICE IN PERFECTION AND WHOLENESS.

I DWELL in a consciousness of perfection, for I know that perfection is my eternal birth-right. I refuse to believe that imperfection of any kind belongs to me; for I know that what God did not give cannot endure and is even now a shadow. As the image and likeness of God, I have but one pattern to look toward and to follow, the pattern of glorious vigor, joyous wholeness, and perpetual newness.

Day by day I envision my body as expressing invigorating health and abundant energy. My body reveals divinity in every organ and function as I hold in my mind the pattern of perfection that God has prepared for me.

At all times God governs my body and determines its perfect activity. Through my conviction that with God all things are possible I behold my body as radiant with divine life, subject to no mortal ill, and freed from every fleshly weakness. The life of God now fills me with dynamic vitality.

*¶ He that raised up Christ from the dead shall also quicken your mortal bodies by his Spirit that dwelleth in you.—ROM. 8:11 (A. V.).*

I SEE BY THE CHRIST LIGHT. MY EYES ARE  
PERFECT ORGANS OF PERFECT SIGHT.

THE LIGHT of the Christ illuminates me, lifts my vision, and quickens my awareness of the divinity in all and through all. I am not limited to human conceptions, hampered by human fears, or bound by tradition or race consciousness. As Jesus Christ saw through error to perfection, so now through His power within me I see beyond human weakness to divine strength, through ignorance to wisdom, through sin to virtue. The Christ light reveals the beauty of all that I perceive, turns sorrow into gladness and fear into faith. By meditation and prayerful endeavor I grow daily in my consciousness of the Christ light and my ability to radiate it.

Because my spiritual vision is lifted my physical vision is perfected. I see clearly and without strain. I think of my eyes as being perfect organs of perception. They are the faithful servants of my inner spirit. My eyes are beautiful because the light of Christ shines through them and the love of Christ looks through them to bless the world.

• *In thy light shall we see light.*—PSALMS 36:9.

FATHER, INTO THY CARE AND KEEPING I  
COMMEND MY DEAR ONES.

**W**HEN I have need to say good-by, I recall that the word was originally "God-be-with-you." Thus every good-by becomes a blessing and a benediction. Truly Thou, O Lord, art always with my dear ones as the abiding presence of all-encompassing good. Though their paths may lead to earth's far corners, Thy Spirit goes before them to prepare the way. Thy love cloaks them in a mantle of protection and provides for them from Thy bounteous store. Thy strength sustains them, girding them for whatever tasks fall to their lot. Thy light illumines their path, guarding their feet against the stones of negation. Thy peace fills their hearts with the realization that Thy good is the only reality that prevails. Thy courage inspires them to fearless endeavor.

Unto Thee, Father, I commend my dear ones, knowing that they are never far from me, for Spirit knows no distance, recognizes no barriers.

¶ Now in Christ Jesus ye that once were far off are made nigh . . . for through him we both have our access in one Spirit unto the Father.—EPH. 2:13, 18.

## THE PEACE OF GOD FILLS MY HEART, AND I AM JOYOUS AND PEACEFUL.

THROUGH the power of God I now erase from my mind all belief that persons and things of the world can destroy my peace. I wipe away every thought that would cause me to be inharmonious or unloving toward myself or others, and I let the Truth of God fill my mind and heart. I know that when I give myself to God I think thoughts of peace, and only peace can fill my life and my world.

When I arrange my life so as to express order and harmony, nothing has power to disturb me or cause me to become fearful of the future. Therefore I no longer think in terms of inharmony, fear, and dissatisfaction. I am open and receptive to the peace of God. Through Him I call forth good in every situation and circumstance.

Peace in my world, peace in the world about me, begins with peacefulness within myself. I now acknowledge the presence of God's peace within me, and I radiate His peace to the world about me. Against His peace no opposing force can stand.

• *Go in peace.—JAMES 2:16.*

## I AM FILLED WITH DIVINE ENERGY.

**I** AM CONSCIOUS of the substance of God within and about me. I have my existence in a sea of living substance to which there is no beginning and no end. I derive my energy from this all-pervading substance, and since it is active in and around me at all times I have but to lay hold of it in order to be renewed.

I lay confident claim to the life and substance of Spirit, knowing that all things given me to do will be accomplished, that all that is not understood will be revealed, and that all that is difficult will be made easy.

I am not tired. My limbs and muscles, the very cells of my body thrill with the constant inflow of divine life and power. I am not mentally tired or spiritually sluggish. My mind is ever open to receive the inspiration of divine ideas. My soul lays confident claim to the things of Spirit.

I recognize the Christ within me as the radiating center of good in my life, and I am constantly filled with new life and energy.

• *Be not sluggish, but imitators of them who through faith and patience inherit the promises.—HEB. 6:12.*

## I SEE GOD IN MY WORLD NOW.

I DO NOT believe in a heaven that has in it any limitation, that is lost in the past or postponed into the future. I see heaven to be the presence of God in my world now. I see Him in the manifest world in a thousand different forms of expression. I know Him as beauty. I experience Him as peace. I recognize Him as the one law governing me and the universe.

I acknowledge God in my world now. I see love, truth, wisdom, power, peace, and substance in my life and affairs. God is the foundation upon which my days are built. All that is not of God I erase from my consciousness. I deny it out of existence. All that does not conform to His pattern of good I reject utterly, and it shrinks to the nothingness whence it came.

I see God, the good, in all people, places, things, and situations. I see the Christ in others, beauty in bleak places, light in all darkness, abundance in the very face of lack. I see God in my world, and besides Him there is none other.

*Truth springeth out of the earth;  
And righteousness bath looked down from heaven.*  
—PSALMS 85:11.



# Sacrament

Elizabeth D Schuman

Dear Father, grant that this new day may be  
As bread and wine of sacrament to me:

The wine of inner light, that I may know  
The cleansing sweetness of Thy Spirit's flow;  
The bread of Thy substance, that I may share  
The load of those who have too much to bear,  
And thus reconsecrate to Thy great plan  
My life, my all, to serve my fellow man.

May each hour hold remembrance of Thy love,  
Which fires my soul and lifts my eyes above  
The strife and conflict of man's passing hour  
To faith and trust in Thine eternal power.  
Show me the shining glory of Thy way.  
O Lord, I would commune with Thee this day!

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WE ARE READY TO DO WHATEVER SPIRIT DIRECTS US TO DO.

WHEN WE seek the guidance of Spirit in silent prayer we imply our readiness to follow the guidance that we receive. Sometimes we find it difficult to put our own personal thoughts and ideas aside in order to obey God's direction, because it seems at odds with our human desires or with the plans we have formulated.

Nevertheless we must be true to the heavenly vision, to what Spirit would have us do, resolutely putting aside our human desire to do things in the way that may only seem best.

Sometimes when we ask for guidance there comes into our heart a feeling of joy, assurance, and satisfaction. This is God's way of telling us that we are doing what it is His will that we do. It is the seal of divine approval upon our efforts to serve Him. It is His way of saying, "Well done, good and faithful servant: thou hast been faithful over a few things, I will set thee over many things; enter thou into the joy of thy lord."

¶ *Send out thy light and thy truth; let them lead me.*  
—PSALMS 43:3.

## GOD IS MY STRENGTH.

**W**HATEVER the need may be, I know that God is my strength. His strength lifts me out of human bondage and fills me with the limitless power of Spirit. His strength delivers me from physical weakness, fills me with moral courage and spiritual stamina.

God's strength flows unceasingly through my body, relaxing and revitalizing each muscle and cell. His strength rises up within me as power to meet any sudden demand. It abides with me as steady, unfaltering patience and endurance. Because I am strong in the Lord, I face each day's tasks with courage and confidence; I accomplish them with ease and quiet efficiency. God's strength is steady within me as self-control and calmness. When I am tempted to believe in adversity, God in me is strength to stand firm in the Truth. By His strength I am able to lend a helping hand to those who seem weak; I am a strong arm of kindness to all who seek the shelter of love and understanding. I rejoice in unlimited strength as a child of the almighty God.

◆ *Be strong in the Lord, and in the strength of his might.*—EPH. 6:10.

**GOD, THE GOOD, OMNIPOTENT, IS THE ONLY POWER IN MY LIFE.**

**G**OD is all the power there is in Truth. He is the power for good, the power for health, the power for love and order, prosperity and peace. There can be no power in anything unlike God, since no power can prevail against His omnipotence.

Within you is the power that is mightier than any so-called power of the world. Nothing in all this world can work contrary to the power of God when you know the Truth and have faith in God as being all-power. His Spirit and power within you assure you of the mastery of fear, disorder, bondage, and unrighteousness.

The power at the heart of your being is the power for good. This power is quickened through prayer. Prayer will quicken you in power, and will cause you to use this power wisely. Set yourself free from the belief in any power other than God and know that He is mighty to establish the good for which you pray. Greater is your innate power than any outer power.

¶ *God . . . giveth strength and power unto his people.*  
—PSALMS 68:35.

## I GIRD ON THE ARMOR OF GOD'S LOVE.

**I**N THESE days when it would seem that many have forgotten the existence of the Golden Rule, we need more than ever to restore it by the practice of divine love. There is no greed or lust or thirst for personal power that cannot be vanquished by the persistent application of divine love. The full realization of God's love for us is indeed a shining armor that renders us impregnable, that protects us against the offenses of any whose understanding does not yet encompass the law of love.

When our thoughts and words and deeds are loving, all that comes our way will be transformed into good, all who contact us will feel the benediction of a peace that is a living prayer, a power for good that is greater than any negation. By thus radiating the blessing of divine love we contribute actively to that brotherhood through which we shall eventually unify mankind.

Let us follow in the hallowed steps of Jesus, whose only armor was love, whose only weapon was compassion.

◆ *Put on the whole armor of God.—EPH. 6:11.*

**I DECREE MY GOOD THROUGH THE POWER OF THE SPOKEN WORD.**

**W**E ARE makers of our destiny. We need not accept adverse conditions, for we have the means of transmuting them. When we turn our attention to God within us we make it possible for His power to operate through us to achieve unlimited good. Did not Jesus promise that we should accomplish greater miracles than those He performed?

In all of Jesus Christ's miracles we find the factors at work to have included faith and the spoken word. Absolute faith is necessary to unite us with the infinite creative power of God, and the spoken word is the vehicle through which we give this power expression. Let us then be alert to see to it that we decree only what we truly wish to have manifested in our life. Let us be sure that every word we speak is positive and constructive, born of faith in the good and worthy of the will of God for us. His will for us is that we enjoy the utmost of perfection and richness in our life. Let us claim our divine inheritance through the power of the spoken word.

♦ *How forcible are words of uprightness!—JOB 6:25.*

## GOD IS BLESSING ME NOW WITH HIS GREAT GIFT OF SLEEP.

**S**LEEP and relaxation are part of the rhythm of life. In order to work and create harmoniously we must rest wisely and adequately. There must be a mental and spiritual as well as a physical cessation of effort during which we turn to God for renewal.

If mere physical relaxation does not bring you rest, perhaps you need to give more attention to your mental and spiritual nature. Relax all hard, anxious, and tenacious thoughts. Relax all fearful, resentful, and condemnatory emotions. Relax all sense of personal effort, strain, and responsibility.

As the earth turns from day to night, from seedtime to harvest, so must we turn to the renewing, invigorating life of Spirit. As we rest quietly and confidently in Him we are cleansed and quickened, restored and enriched.

Relaxing all physical, mental, and spiritual effort, let us return unto the Father, knowing that we are indeed His well-beloved and that He will give us sleep.

• *He giveth unto his beloved sleep.—PSALMS 127:2.*

## THANK YOU, GOD, FOR CHRISTIAN HOMES.

**T**HANK You, God, for Christian homes where dear ones live in companionship and joy, each mindful not of self alone but of the good of all, where all live for God, where love is the keynote, and daily tasks are a labor of love.

Thank You, God, for family Bibles and the Christian code of living, for lessons learned at a mother's knee. Thank You for children's laughter and their faith, their joy in simple things. Thank You for the tenderness and strength of mothers and fathers who seek their spiritual sustenance from the great Father-Mother of all. Thank You, God, for friendly doorways and for cheery hearths, where all who come are welcomed for the sake of the Christ.

Thank You, God, for Christian homes that are and ever promise to be centers for the radiation of Thy Spirit, holy ground where Truth is lived each day. So long as these remain sacred Thy good will triumph and Thy word be fulfilled in the lives of men. Preserve Thou the sanctity of these Christian homes.

• *As for me and my house, we will serve Jehovah.*  
—JOSH. 24:15.

FATHER, WHATEVER TASK IS MINE TO DO, I NOW DO IT GLADLY AND WILLINGLY.

**T**O DAY God has a task for us to do. It may be a task that we thoroughly enjoy, or it may be one that is difficult, irksome, and unpleasant. Nevertheless if we are to win the blessing that is hidden in the task, we must do what is at hand with a glad heart and a willing spirit and with all the enthusiasm that we can muster.

If we consider the truth that all our work is God's work and that we are to do it in His name and to His glory, then it is obvious that no work can be unimportant. Because it is God's work someone is benefited by it, although we may not be able at the moment to see how this can be.

We are a living instrument through whom God does His work. He can only do for us what He can do through us. Therefore let us join in the prayer for today in the assurance that what we are about to do is great in God's sight and that He blesses us in it. When we think of our work as being blessed by the Father we can do it gladly and willingly.

• *Whatsoever thy hand findeth to do, do it with thy might.—ECCLES. 9:10.*

# Class Thoughts

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TO BE USED FROM

April 20 to May 19

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The class thoughts on this page are composed by Charles Fillmore for the purpose of providing central ideas upon which Truth students everywhere may concentrate during the month. You are invited to use them with Silent Unity not only at the hours specified but whenever you have opportunity. We also urge you to join us constantly in the prayer for world peace.

At 11 a. m. use this thought for

*ILLUMINATION . . . The night has vanished; the day appears. I salute the light.*

At 12 noon use this thought for

*PROSPERITY . . . The riches of the kingdom now appear in the earth, and I rejoice in universal prosperity.*

At 9 p. m. use this thought for

*HEALING . . . The same Spirit that raised Christ Jesus from the dead dwells in me, and I am restored to health and wholeness.*

Use this prayer for world peace:

*PEACE . . . In the name of the Lord Jesus Christ we pray for and decree a speedy victory in this world conflict, to be followed by a permanent peace, uniting all the nations of the earth in a league of justice and righteousness, in which the life, liberty, and love of God shall be paramount.*

THE NIGHT HAS VANISHED; THE DAY APPEARS. I SALUTE THE LIGHT.

**I**N OUR prayer for today we have a concise word picture of the process that takes place when we receive a spiritual illumination. In scriptural symbology darkness refers to a state of ignorance or unknowingness. It overshadows, distorts, and partly obscures any situation or condition in which we find ourselves.

The darkness of ignorance is completely dissipated and vanishes when the day, the revelation of divine wisdom or illumination, appears. Its brightness makes clear all that was previously not clear. What has looked to us like certain trouble and difficulty now is disclosed in its true nature as a blessing and as an opportunity for growth and progress.

We "salute the light" when we acknowledge the illumination of Spirit that frees us from confusion, reveals the innate goodness in every person, and makes clear the path that we are to follow.

• *The people which sat in darkness saw great light; and to them which sat in the region and shadow of death light is sprung up.—MATT. 4:16 (A. V.).*

THE RICHES OF THE KINGDOM NOW APPEAR IN THE EARTH, AND I REJOICE IN UNIVERSAL PROSPERITY.

**I**N THE invisible realm of Spirit, the kingdom of heaven, there are riches beyond any conception that we may form of them. They exist in the form of Spirit substance, the primordial essence from which everything that is manifest derives. God has given us the power to translate this Spirit substance into a form that is both recognizable and usable. In Truth the process by which we give form to Spirit substance we call "demonstrating prosperity."

God's substance is unlimited, and the riches of His kingdom can and will supply our every need and the needs of all persons everywhere. Whatever form our need may take, whether it is a need for money, for food, for clothing, for shelter, or for some other kind of supply, we can demonstrate God's riches to meet it.

Faith in the omnipresent divine supply is our key to the treasures of heaven. Let us have faith and rejoice in universal prosperity.

• *My God shall supply every need of yours according to his riches.—PHIL. 4:19.*

THE SAME SPIRIT THAT RAISED CHRIST JESUS FROM THE DEAD DWELLS IN ME, AND I AM RESTORED TO HEALTH AND WHOLENESS.

ONE OF THE great truths of Being that we are taught by God-inspired teachers of all generations is that the eternal Spirit of God dwells in us. This Spirit is the Spirit of life, the "Everliving One."

In the 8th chapter of Romans Paul describes in mystical terms the workings of the law of the Spirit of life. He makes the bold statement that the law of the Spirit of life in Christ Jesus sets man free from the law of sin and death. When man is conscious of his divine sonship, he is no longer fettered by notions of weakness.

The Spirit of life is a quickening Spirit. It renews, restores, vitalizes, heals, and makes perfect and whole every cell in our body. It infuses us with new energy and a firm conviction that it is our Father's will for us to have life and have it abundantly.

¶ *If the Spirit of him that raised up Jesus from the dead dwelleth in you, he that raised up Christ Jesus from the dead shall give life also to your mortal bodies through his Spirit that dwelleth in you.—ROM. 8:11.*

I WILLINGLY SURRENDER ALL DESIRES FOR WORLDLY PRESTIGE, SO THAT I MAY LET MY TRUE CHRIST SELF BE EXPRESSED.

**T**HERE IS within us an incentive to reach out for and seek to gain for ourselves a place of worldly prestige so that other men may look up to us in mixed admiration and envy and say, "I'd like to trade places with him!"

Yet the Bible tells us over and over that the man who puts self-seeking and the attainment of worldly power and riches first in his life thereby diminishes his opportunities of finding the most precious jewel of all: his Christ self.

Jesus Christ could have made Himself master of all the kingdoms of the earth. Instead He chose to become master of the spiritual kingdom. He renounced the temptations of the "mind of the flesh" to turn His divine powers to selfish ends; and thus He prepared Himself as the most truly unselfish man who ever lived to show forth the glory of God. Like Him I now surrender all desire for worldly prestige, so that I may let my true Christ self be expressed.

As many as are led by the Spirit of God, these are sons of God.—ROM. 8:14.

## I GIVE MY WHOLE THOUGHT TO GOD, AND I AM CALM, PEACEFUL, AND POISED.

**T**ODAY I give my whole thought to God. I relax from all stress and strain. I take my attention from the clamor of the world of affairs and resolutely direct it toward God. I steadfastly contemplate the beauties of the kingdom, the high and holy place where God dwells in infinite serenity.

God is peace, and His heavenly peace pervades my whole being. I am calm at all times and under all circumstances. Nothing has power to disturb me. To any person or happening that may appear to annoy me I say lovingly: "Peace be unto you. You are without power to affect me in any way. We are at peace with each other."

Because my thought is centered upon God, harmony is established in me and in all my affairs. It radiates from me and helps those about me to become harmonious and peaceful. They in turn radiate harmony to others, and together we establish a powerful center of peace and quiet. Calmness, peace, and poise prevail.

• *Thou wilt keep him in perfect peace, whose thought is stayed on thee.—ISA. 26:3 (A. V. margin).*

## *Renaissance*

PRISCILLA DRENNEN

The earth now flings her winter dress aside  
To don bright garments of the newborn spring;  
The lilies bloom in fragile loveliness,  
And robins come to preen themselves and sing.

The chrysalis sways gently in the breeze,  
Quiescent in the light of waking day.  
Lo, soon a butterfly skims o'er the leas,  
Winging in golden beauty on its way.

The earth now seeks release from war and strife;  
Bids welcome to the peace that is God's will  
For men who follow His good way of life  
And ever seek His purpose to fulfill.

The tomb could not long hold the living Christ;  
Nor can the sons of men long seek Him here  
Before they learn that His love has sufficed  
To bless and lift God's children out of fear.

No grip of frost can stay the birth of spring  
When life begins to push against the sod;  
And hate must yield to love's awakening  
When hearts are opened to the Christ of God.

THE ETERNAL SPIRIT OF GOD BIDS ME ARISE  
AND WALK IN NEWNESS OF LIFE.

THE SCRIPTURAL account of the resurrection and ascension of Jesus Christ is one of the most inspiring yet profound stories ever set down by the hand of man. It is the age-old story of resurgent life ever victorious over decay and death.

Step by step it records the events in the life of one who early perceived that the Spirit that dwelt in Him and in all men is truly deathless. By teaching and proving that death was an enemy to be overcome He set man free from its power and made him the master of his destiny.

The Spirit of life in Jesus Christ raised Him up on the first Easter morning. On this Easter morning this selfsame Spirit of life in me bids me arise and walk in newness of life. No longer am I fettered and bound by thoughts of weakness. I am a free son of God, triumphant, glorious, splendid, powerful, victorious. New life flows into and surges through me. I am a new creature in Christ Jesus!

• *Christ Jesus . . . abolished death, and brought life and immortality to light.—II TIM. 1:10.*

## THIS IS MY DAY OF OPPORTUNITY.

**T**HIS is the day for which I have waited, the "someday" I have anticipated in my thoughts and daydreams. The substance of dreams is better lived than longed for, so today I make my dreams into realities. I know that it is the heavenly Father's will to grant me now whatever good I am truly ready to receive. Thus I no longer delay my good by expecting it at some indefinite future date. I accept now the joy and bounty of the Lord.

I open my mind to the opportunities on my doorstep for advancement, for service, for self-improvement. I increase my knowledge and deepen my wisdom. I am newly aware of my God-given power to attain the heights I have envisioned, my power to accomplish any task to which I give my prayerful attention. Today my heart beholds the Christlike nature of my neighbor. I make new friends and renew old friendships. I accept each opportunity to speak words of hope and love and courage. This is the opportune moment to begin anew my sincere efforts to express my Christ nature and to live the Christ life.

♦ *As we have opportunity, let us work that which is good toward all men.—GAL. 6:10.*

## THROUGH MY CHRIST CONSCIOUSNESS I AM THRILLED WITH THE JOY OF LIVING.

HAVE I been too busy existing to know the full joy of living? Jesus Christ was aware of the strength of joy, and He exhorted His followers to be filled with the joy of life. Therefore I permit His Spirit to possess me completely, to inform my thought, to lighten and lift my vision, and to create about me an atmosphere of peace and happiness.

Joy is a result of interest and awareness, of active appreciation and creative expression. I take time to be interested in my neighbor's welfare and to offer him a helping hand. I see the beauties of nature about me, and I hear music in the hum of the day's activities. I let my soul be thrilled and exalted when I feel myself a part of God's great, harmonious plan. I am grateful for the interest and kindness of others, and I recognize the qualities of the Christ in them. I appreciate my own capabilities as a child of God, and I make practical use of the divine ideas by which I am inspired. My life is joyous and complete.

• *That my joy may be in you, and that your joy may be made full.—JOHN 15:11.*

## I SEE NO EVIL, HEAR NO EVIL, SPEAK NO EVIL.

**T**HE DESIRE of every human heart is to be set free from every form of inharmony, that is, from evil. Yet if we would be freed from evil, we must do our part to separate ourselves from it.

To remind us of the ideal way of dealing with evil, that is, by neither seeing, hearing, nor speaking evil, three monkeys are often pictured, one with his hands over his eyes, another with his hands over his ears, and the third with his hands over his mouth. From this we learn a vital lesson.

We need not "see" any inharmony that may appear in the outer, for we can fix our whole attention on the good instead. Even though our ears may hear reports of evil, we can let what we hear of evil "go in one ear and out the other," never permitting it to register. Most important of all is our ability to refuse to speak evil or give it expression in any form. When we consistently give our attention and expression to good instead of evil we shall witness the presence of God.

• *Keep thy heart with all diligence; for out of it are the issues of life.*—PROV. 4:23 (A. V.).

## I GO FORTH TO MEET MY GOOD.

**T**HERE is wisdom in the saying "Everything comes to him who hustles while he waits." While there is a time for patience and for waiting, we need to realize the importance of taking each step toward our good as we see it. When we pray we can rest assured that the good we seek is also seeking us, but we must do our part by going forth to meet it.

Let us utilize our inner Christ wisdom and power by working with God toward the success we desire, by giving intelligent co-operation of ready hands and willing hearts. Having prayed for health and wholeness, let us begin at once to follow the rules of healthful living, and enthusiastically think and speak and live health. Having prayed for prosperity, let us do the work at hand to the best of our ability; for intelligent industry begets success. If we have prayed for harmony or love, let us go the whole way of making ourselves harmonious and loving. Whatever may be the good we seek, let us bestir the Christ in us to constructive action and fearless endeavor.

• *He that [is] . . . a doer that worketh, this man shall be blessed in his doing.*—JAMES 1:25.

**MY FAITH INCREASES DAILY AS I APPLY IT IN  
EVERY UNDERTAKING.**

**G**od's will for His children is good only. In order to receive this good we must exercise faith. Faith is the assurance of the existence of the good we seek, and through our faith we bring it into visibility.

The amount of faith we have depends upon how much we use it. Faith is infinite, inexhaustible. The more we use it the more it increases, the stronger it grows. It is a mighty power, more than equal to any demand we can make upon it. It always works. All our spiritual demonstrations are made through faith.

Through faith in God we are lifted out of every limitation, inharmony, and undesirable situation. Faith is the door through which we enter into peace, happiness, and plenty. Through faith we are sustained in courage, peace, and safety. By it our lives are transformed, and we are made radiant, effective, and free. Acting in faith, we seek to know God's will, and nothing can keep us from carrying it out.

◆ *According to your faith be it done unto you.*—MATT. 9:29.

## BOOKS APPROPRIATE FOR

## *Easter Gifts*

The books listed below make appropriate gifts for Easter. They were written by Dr. Ernest C. Wilson and reflect his loving interest in his fellow men and his keen awareness of their needs. These books are inspirational and carry a real blessing.

### **Master Class Lessons**

Six examples of the Master's way of doing things are discussed in this book: His way of praying, of giving, of receiving, of healing, of overcoming, and His way of love and happiness. One who reads and dwells upon the message of this book will gain a new vision of the life and works of Jesus Christ. The price of this book is \$1 for the clothbound copy and \$2 for the flexible-bound copy.

### **The Contemplation of Christ**

This booklet is a beautiful word picture of Jesus Christ, portraying Him as a living radiant presence and loving companion. Give it to your friend who is earnestly seeking to live the Christ life. This booklet is priced at 50 cents.

**UNITY SCHOOL OF CHRISTIANITY**  
917 Tracy Ave., Kansas City, Mo.

## Let Go and Let God

Have you found that the thing you want most and try hardest to get seems the most difficult to demonstrate? This is because your very tenseness works in opposition to your faith. If you really have faith you will relax and let God take over your problem, while you turn your attention to other things, one of which may prove to be the channel through which your good is to come to you.

The Unity Prosperity Bank plan offers you a drill in letting go of your strained thoughts and cultivating a deeper, more abiding faith in God as the source of your every blessing. Send for a Bank and use the prayer that comes with it. Each day as you pray, drop a coin into the Bank for the purpose of sharing Truth with others, for praying and sharing help to hasten your demonstration.

Unity School of Christianity, 917 Tracy, Kansas City, Mo.

Please send me a Prosperity Bank and enter a year's subscription for *Daily Word* for each of the persons here named. I will save \$3 for the subscriptions, which are to begin at once. I ask the prayers of Silent Unity for my success.

1. Name .....

Street .....

City ..... State .....

2. Name .....

Street .....

City ..... State .....

3. Name .....

Street .....

City ..... State .....

SENDER'S NAME .....

Street .....

City ..... State .....

# Send Easter Greetings

THE EASTER SEASON offers an excellent opportunity for remembering your friends or loved ones with a cheerful greeting, such as the Unity greeting booklets convey. These booklets carry an inspirational message that may give just the encouragement or help that is needed. Your order for them now will give you time to select the right one for each person and to remail them before Easter.

An attractive mailing envelope that requires only one cent postage is included with each booklet. They are 10 cents each, or 12 for \$1.

## THE MENTAL EQUIVALENT

*Now a Greeting Booklet*

In order to increase the good it is doing and to reach as many persons as possible, *The Mental Equivalent* by Emmet Fox has been made one of the Unity greeting booklets, and the price has been reduced from 25 cents to 10 cents a copy, or twelve copies for \$1. Here is an opportunity to send this fine introductory Truth message to many of your friends at Easter.

## GREETING BOOKLET TITLES

The Great Helper  
He Passed This Way  
Holy Bread  
Joy Cometh  
One Perfect Gift  
The Song of Life  
The Way of Faith  
The Turning Point  
Challenge of the Dawn

Are You Getting All You  
Want from Life?  
Breath of Immortality  
Life Is Consciousness  
The Protecting Presence  
The Prayer of Prayers  
Twenty-Four Golden Hours  
Where Blessings Begin  
The Mental Equivalent

Unity School of Christianity, Kansas City, Missouri

MENTAL  
EQUIVALENT

One Perfect  
Gift  
A CHRIST STORY

Breath of  
Immortality

The Song of Life

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*Cover photo by Meisel from Monkemeyer*

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## *Daily Lessons for April*

1. Justice	11. Heaven	21. Prosperity
2. Supply	12. Guidance	22. Healing
3. Cheerfulness	13. Strength	23. Renunciation
4. Presence	14. Power	24. Poise
5. Efficiency	15. Love	25. Resurrection
6. Wholeness	16. Decree	26. Opportunity
7. Eyes	17. Sleep	27. Joy
8. Loved Ones	18. Homes	28. Diligence
9. Peace	19. Work	29. Action
10. Energy	20. Illumination	30. Faith

